

State Snapshot 2004

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MAINE

Introduction

The Agency for Healthcare Research and Quality (AHRQ) annually publishes a wealth of information in its congressionally mandated National Healthcare Quality Report (NHQR). This *State Snapshot* series provides quick and easy access, through the Web (<http://www.qualitytools.ahrq.gov/qualityreport/state/spf.aspx>), to the many measures and tables of the NHQR from a State-specific perspective.

Each *Snapshot* shows two areas in which the health care system of a particular State (or the District of Columbia) is doing well and two in which it might be able to improve. The examples are chosen from those measures for each State that score above average and below average, respectively, relative to all reporting States. Much more information can be viewed on the Web through the *Snapshot* series (at the address above). The *State Summary Tables* list over 100 measures, most with estimates for 2 years of data, for each State, when available from the NHQR.

Data sources, statistics used to assign the categories, calculation of averages, and criteria for selecting the examples presented below are explained at <http://www.qualitytools.ahrq.gov/qualityreport/state/method.aspx>.

Maine Overview

The *Maine Summary Table* includes 106 measures from the most recent year of data in the 2004 NHQR (<http://www.qualitytools.ahrq.gov/qualityreport/state/stateData.aspx?state=ME>). For the most recent data year, Maine has 23 measures in the above-average category (compared to all reporting States), 37 in the average category of States, and 21 in the below-average category of States. Maine has 25 measures without sufficient data for classification. Measures in the below-average, and possibly in the average, categories indicate areas that may be fruitful for quality improvement initiatives.

Where Maine Does Well (Examples)

In this section, the examples show a few of the measures for which the Maine result was in the above-average group of States. For some measures, such as screening rates, the highest rate is the best result; and for other measures, such as time to treatment, the lowest rate is the best. The above-average category includes the best results however measured. A rate is considered above average when it is better than the all-State average and is statistically different from the all-State average. The all-State average reflects all States, including the District of Columbia, with available data for the measure.

A benchmark for quality improvement is provided below—the top-10-percent State average. This is the average for the five States that have the highest rates among all reporting States and the District of Columbia, 51 jurisdictions. The benchmark shows the best results attained under current medical practice. Some States may view that as a goal for improvement or may set more ambitious goals.

Example 1: Percent of women age 40 and over who report they had a mammogram within the past 2 years

Most recent data year	Top-10-percent State average	All-State average	Bottom-10-percent State average	Maine
2002	83.3	76.2	67.1	82.0

- This measure shows the extent to which women receive mammograms to prevent breast cancer. The higher the State estimate for this measure, the better the screening of women for breast cancer in the State.
- In 2002, 82 percent of women age 40 and over in Maine had obtained a mammogram within the past 2 years. This was roughly equivalent to the top-10-percent State average of 83.3 percent.
- Maine's estimate for this measure was above average for the most recent year (2002). This was an improvement from Maine's rate in 2000, when it was only average.
- To view all States on this measure in the 2004 NHQR, see [Appendix Table 1.1b](#).

Example 2: Percent of dialysis patients with a blood urea reduction ratio (URR) of 65 percent or higher

Most recent data year	Top-10-percent State average	All-State average	Bottom-10-percent State average	Maine
2002	95.6	90.7	86.9	95.8

- This measure shows how effectively dialysis centers provide dialysis for patients with kidney failure. A urea reduction ratio of 65 or greater indicates effective reduction of urea, a waste product in the blood, during dialysis. The higher the State estimate for this measure, the more effective dialysis treatment in the State.
- In 2002, 95.8 percent of end stage renal disease patients in Maine had a urea reduction ratio of 65 or higher. This was roughly equivalent to the top-10-percent State average of 95.6 percent.
- Maine's estimate for this measure was above average for the most recent year (2002). This represented an improvement from Maine's rate in 2000, when it was only average.
- To view all States on this measure in the 2004 NHQR, see [Appendix Table 1.29b](#).

Where Improvement May Be Needed (Examples)

The examples in this section are measures for which the Maine result was in the below-average group of States. To understand how to use these results, see the following section (How To Use the Information). How results on each measure are classified into the below-average category is described at <http://www.qualitytools.ahrq.gov/qualityreport/state/method.aspx>.

The bottom-10-percent State average is provided as a parallel to the top-10-percent State average. Comparison of the two averages shows how far the five States with the lowest rates have to improve to achieve the results of the five States with the best rates.

Example 3: Survival rate for patients in dialysis, relative to their expected survival rate

Most recent data year	Top-10-percent State average	All-State average	Bottom-10-percent State average	Maine
2002	1.1	1.0	0.8	0.8

- This measure shows the odds that patients with end stage renal disease treated at facilities live as long as expected (1.0), longer than expected (>1.0), or shorter than expected (<1.0). The higher the estimate above 1.0, the better the chance ESRD patients in the State surpass their expected lifespan.
- In 2002, patients with end stage renal disease in Maine lived only 0.802 times as long as expected, based on standardized mortality expectations. This was roughly equivalent to the bottom-10-percent State average of 0.808. Such patients in these states also lived fewer years than expected.
- Maine's estimate for this measure was below average for the most recent year (2002). This represented a decline from Maine's rate in 2000, when it was in the average group.
- To view all States on this measure in the 2004 NHQR, see [Appendix Table 1.31](#).

Example 4: Percent of short-stay nursing home residents who had moderate-to-severe pain

Most recent data year	Top-10-percent State average	All-State average	Bottom-10-percent State average	Maine
2003	15.2	21.5	36.8	25.6

- This measure shows how effectively nursing home personnel manage the moderate-to-severe pain of residents who recently underwent a major medical procedure. The lower the State estimate for this measure, the better nursing facilities in the State manage their residents' pain following acute care services.
- In 2003, 25.6 percent of short-stay nursing home residents in Maine who recently underwent a major medical procedure had moderate-to-severe pain. This was roughly equivalent, given the statistical margin of error, to the bottom-10-percent State average of 36.8 percent. The top-10-percent State average was 15.2 percent.
- Maine's estimate for this measure was below average for both the most recent year (2003) and the initial year (2002).
- To view all States on this measure in the 2004 NHQR, see [Appendix Table 1.108](#).

How To Use the Information

The NHQR offers a rare opportunity for States and the District of Columbia to view their health care systems in comparison to other State systems on about 100 quality measures. All States have measures in both the above-average and the below-average groups. A first step to determining whether and in which areas quality improvement should be fostered in a State is to study measures in the State Summary Table (<http://www.qualitytools.ahrq.gov/qualityreport/state/statedata.aspx?state=ME>). Understanding what these measures mean will require insight from many experts familiar with the health care system in the State as well as with quality measurement and improvement strategies. It may also require more study and data collection to determine that a problem actually exists or to identify underlying problems and possible solutions. For example, factors that affect specific population subgroups may underlie apparent health care quality problems and may thus require outreach focused toward those groups. Health care processes also may contribute to poor results, and thus quality improvement may require change in behavior of health care providers. AHRQ hopes that these data aid Maine leaders in exploring the quality of health care in their jurisdiction and in working to improve it.

For More Information

State Snapshots and State Summary Tables for each State are available on the Internet at <http://www.qualitytools.ahrq.gov/qualityreport/state/spf.aspx>. For additional information on this topic, please send e-mail to QRDRInquiries@ahrq.gov.

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